

# 7 Step Military Problem Solving

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## MASTERING THE 7 STEP MILITARY PROBLEM SOLVING PROCESS FOR LEADERSHIP AND LIFE

In high-stakes environments where the margin for error is razor-thin, structured thinking is not a luxury; it is a necessity. Military leaders are renowned for their ability to make decisive, effective decisions under immense pressure. The secret to this capability often lies in a rigorous framework known as the **7 Step Military Problem Solving** process. While it was developed for tactical and strategic military operations, this systematic approach offers immense value for business leaders, project managers, entrepreneurs, and anyone seeking a reliable method to tackle complex challenges. This article provides a comprehensive exploration of each step, explaining how to apply this disciplined methodology to achieve clarity and optimal outcomes.

## What is the 7 Step Military Problem Solving Process?

At its core, the 7 Step Military Problem Solving process is a deliberate, logical, and sequential method for analyzing a situation, developing a solution, and executing a plan. It is formally known as the Army Problem Solving Process (MDMP - Military Decision Making Process is a larger, more formal version, but the 7 steps represent the core logic). This framework forces the user to move past intuition and gut feelings, replacing them with data-driven analysis and critical thinking. By breaking down a massive, ambiguous problem into manageable components, this process reduces cognitive overload and increases the probability of success. It emphasizes that the quality of the solution is directly proportional to the quality of the analysis performed in the initial steps.

## Step 1: Receipt of Mission and Problem Identification

The first step in the **7 Step Military Problem Solving** sequence is not simply acknowledging a task; it is about correctly identifying the actual problem. In a military context, this begins with the receipt of a warning order or a mission. For a civilian professional, this might be a new project assignment, a declining sales figure, or a customer service complaint. The critical action here is to differentiate between the symptom and the root cause. A leader must ask: "What is the true task that needs to be accomplished?" and "What are the constraints and limitations?" This involves a preliminary assessment of the situation, often conducted as a "battle drill" or initial huddle. The goal is to gather the initial facts, establish the time available for planning, and begin formulating a clear, concise problem statement. Without a precise definition of the problem, all subsequent steps risk being misdirected.

**Key actions in this step:**

- Receive and clarify the task or mission.
- Distinguish between symptoms and the root problem.
- Identify initial constraints (time, resources, legal limits).
- Conduct a quick initial assessment of available information.
- Develop a preliminary problem statement.

## Step 2: Mission Analysis

If Step 1 is about identifying the problem, Step 2 is about dissecting it completely. Mission Analysis is arguably the most intellectually demanding phase of the **7 Step Military Problem Solving** process. Here, leaders analyze the entire operational environment. They identify the "higher commander's intent," which in a business context translates to understanding the strategic vision and expectations of leadership. Key components of this step include a thorough analysis of the terrain (market conditions), the enemy (competitors), and friendly forces (your team's capabilities and resources).

A critical tool used here is the "METT-TC" framework (Mission, Enemy, Terrain and Weather, Troops and Support, Time Available, and Civil Considerations). For a business problem, this translates to analyzing the objective, competitive landscape, market conditions, team skills, deadlines, and stakeholder impact. By the end of this step, the leadership team should have a refined problem statement, a list of critical facts and assumptions, and a clear understanding of what constitutes success. It is about painting a comprehensive picture of the reality in which the solution must operate.

## Step 3: Course of Action (COA) Development

With a deep understanding of the problem and the environment, the next step in the **7 Step Military Problem Solving** model is to generate potential solutions, or Courses of Action. The emphasis here is on quantity and creativity before quality and analysis. Teams brainstorm multiple, distinctly different ways to solve the problem. The process encourages "out of the box" thinking, as long as the options are feasible, acceptable, suitable, distinguishable, and complete. In a military setting, this might involve simultaneous attacks, deception operations, or defensive postures. In a corporate setting, it could mean different marketing strategies, product development roadmaps, or restructuring plans.

Each proposed COA must be described in enough detail to understand the "who, what, when, where, and why." Importantly, no option is eliminated prematurely. The goal of this step is to create a "board of options" to be rigorously tested in the next phase. This breadth of thinking prevents the team from fixating on the first or most obvious solution.

## Step 4: Course of Action Analysis (War-gaming)

This is where theory meets reality. In the **7 Step Military Problem Solving** process, Step 4 is dedicated to testing each potential solution against a thinking adversary or challenging conditions. This is often called "warfighting" or "wargaming." The team takes each COA and plays it out, asking "What if?" What if the competition responds aggressively? What if a key supplier fails? What if the economy shifts? This process uses a structured "action-reaction-counteraction" cycle. For civilian applications, this is akin to a rigorous risk assessment and scenario planning exercise.

For every proposed COA, the team identifies its strengths and weaknesses, potential branches (modifications to the plan based on new opportunities), and sequels (follow-up actions). This step is critical for uncovering hidden flaws and unanticipated benefits. By stress-testing the plans on paper, the team can avoid costly mistakes in execution. The output of this step is a refined, more resilient set of COAs, along with a clear understanding of the risks and resource requirements for each.

## Step 5: Course of Action Comparison

After wargaming, the team has a deep, practical understanding of each potential solution. Step 5 of the **7 Step Military Problem Solving** process involves systematically comparing the strengths and weaknesses of the refined COAs against each other. This is done using a set of predetermined evaluation criteria, which should be linked back to the mission analysis. Common criteria include: probability of success, risk tolerance, resource efficiency (cost and time), flexibility, and alignment with the higher commander's intent (strategic goals).

Tools like a decision matrix or a "pros and cons" T-chart are often used. A key concept here is the "COA selection criterion." The team does not simply vote on their favorite; they compare how well each COA meets the established criteria. This removes personal bias and ego from the decision-making process. The goal is not necessarily to find the perfect solution, but to identify the one that provides the best balance of effectiveness, efficiency, and acceptable risk for the specific situation.

## Step 6: Course of Action Approval

Once the best course of action is identified through comparison, it must be formally approved. In a military hierarchy, this means presenting the recommended COA to the commander for a decision. In a business context, this is the presentation to the executive team, the board, or the key stakeholder. This stage is a critical checkpoint in the **7 Step Military Problem Solving** framework. The team presents a clear, concise briefing that includes: the problem statement, the analysis, the options considered, the recommended COA, and the rationale for its selection. This is the time to secure buy-in and resources. The approval step ensures that the decision-maker fully understands the plan, its risks, and the commitment required. It is a moment of leadership responsibility. Once approved, the "what is to be done" becomes a formal directive, transitioning the team from planning to execution.

## Step 7: Execution and Assessment

The final step in the **7 Step Military Problem Solving** process is where planning turns into action. Execution involves translating the approved COA into detailed orders, tasks, and timelines. This is the realm of leadership, communication, and follow-through. However, a critical component of this step that distinguishes military problem solving from less robust models is continuous assessment. The leader is not just "giving orders" and waiting. They are actively monitoring the execution, collecting feedback, and comparing progress against the plan's expected outcomes. This is done through a formal feedback loop, often involving standardized reporting, spot checks, and post-operation reviews.

If the assessment reveals that the plan is not working or that the situation has changed (a "fog of war" scenario), the leader must be prepared to adapt. This may involve returning to an earlier step in the process to develop a new COA (a "branch plan") or adjusting the execution. The military teaches that a good plan executed today is better than a perfect plan executed tomorrow. The emphasis on assessment ensures that the execution remains dynamic and responsive to reality, preventing the team from blindly following a plan that is no longer valid.

## Applying Military Problem Solving in the Civilian World

The formal structure of the **7 Step Military Problem Solving** process is deeply adaptable. A project manager facing a delayed product launch can use it. A marketing director facing declining engagement can use it. A small business owner facing supply chain issues can use it. The power of this method lies not in its rigid military terminology, but in its logical flow. The discipline of defining the problem before seeking a solution (Step 1 & 2) is perhaps the most valuable lesson for the business world, where "shiny object syndrome" and impulsive decision-making are common. Furthermore, the emphasis on wargaming (Step 4) and continuous assessment (Step 7) builds resilience and agility into any organization.

To integrate this process into your work, start small. Pick a moderately complex problem facing your team. Schedule a "war room" meeting and walk

through each step. Use a whiteboard to document your analysis. Encourage debate and challenge assumptions. Initially, the process may feel slow and cumbersome. However, with practice, the **7 Step Military Problem Solving** method becomes a mental habit. Leaders who master this framework find they make fewer mistakes, their teams operate with higher cohesion, and they develop a reputation for delivering consistent, reliable results under pressure.

## Conclusion

The **7 Step Military Problem Solving** process is a time-tested system for bringing order to chaos. It replaces rushed intuition with deliberate analysis, biases with objective criteria, and single-minded planning with adaptive execution. From the initial receipt of a mission to the final assessment of the outcome, this framework provides a clear, shared language for tackling the most difficult challenges. Whether you are leading soldiers in a complex operation, steering a corporate team through a turbulent market, or simply trying to make a smarter decision in your personal life, these seven steps offer a proven path to clarity, confidence, and success. Embrace the discipline, and you will discover that even the most daunting problems can be systematically overcome.